



# October 2015

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

**59 OR YOUNGER PAY \$7.50.**

60+ LUNCH IS \$1.50 SUGGESTED DONATION. LUNCH IS SERVED 11:30-12:30,  
RESERVATIONS ARE RECOMMENDED - PLEASE CHECK WITH KITCHEN  
STAFF FOR RESERVATION SHEET.

**Chicken Pot Pie** (141)

Green Beans  
Greek Salad  
Fruit Medley

**GC Cheeseburger**

Lettuce/Tomato/Onion/Pickle  
Macaroni Salad  
Cookie

5

6

7

8

9

**Chicken Divan w/ Broccoli** (435)

Brown Rice  
WW/Roll  
Yogurt

**Braised Pork Chops** (303)

Mashed Potatoes w/ Gravy  
Peas  
Biscuit  
Pineapple Upside Down Cake

**Chicken Corn Casserole** (147)

Mixed Vegetables  
Tossed Salad w/ Dressing  
Fruit Medley

**Beef Stew** (109)

Cucumber/Onion Salad  
Corn Bread  
Strawberry Short Cake

**Bean & Cheese Burrito**

Spanish Rice  
Salsa  
Lettuce/Onion/Tomato  
Fruit w/ Cottage Cheese

12

13

14

15

16

*Columbus Day  
County Offices are Closed  
Senior Centers are Closed*



**Chicken Tomato Bake** (211)

Tossed salad  
Green Beans  
WW/Roll  
Apple Crisp

**Paprika Baked Fish** (406)

Wild Rice  
Broccoli  
WW/Roll  
Chocolate Chip Cookie

**Sesame Chicken Breast** (231)

Spinach  
Bread Stick  
Mandarine Cake

**Philly Steak Sandwich** (128)

French Fries  
Broccoli Salad  
Applesauce

19

20

21

22

23

**Chicken Tacos**

Calabacitas w/ Green Chile  
Beans  
Rice Pudding

**Sloppy Joe** (174)

Tossed Salad w/ Dressing  
Sweet Potato Wedges  
Yogurt w/ Fruit

**Chicken Noodle Soup w/** (213)

Mixed Vegetables  
Biscuit  
Jello w/ Fruit

**Beef Tips w/ Noodles & Gravy** (147)

Tossed Salad w/ Dressing  
Peas & Carrots  
Oatmeal Cookie

**Tuna Salad over Lettuce** (415)

Macaroni Salad  
Crackers  
Chocolate Pudding

26

27

28

29

30

**Meatloaf w/ Gravy** (105)

Mashed Potatoes  
Green Beans  
WW/Roll  
Sugar Cookie

**Turkey Wrap w/Garnish**

Potato Salad  
Potato Chips  
Strawberry Short Cake

**Spaghetti w/ Meat Sauce** (409)

Tossed Salad w/ Dressing  
Herb & Garlic Bread  
Applesauce Cake

**Gr. Chile Chicken Enchilada** (508)

Spanish Rice  
Calabacitas  
Applesauce

**Frito Pie w/ Chile Beans**

Red Chile  
Mexicorn  
Vanilla Pudding